

CONTENTS

FOOD – BARS, RESTAURANTS AND CAFES	4
REALEJO (JEWISH QUARTER)	11
PLAZA NUEVA	12
CARRERA DEL DARRO	13
PASEO DE LOS TRISTES	14
THE ALBAICIN	14
CITY CENTRE	18
AROUND THE LAW FACULTY	19
ITALIAN FOOD	20
JAPANESE FOOD	21
BRITISH FOOD	21
BEST ICE CREAM	22
BEST CHURROS AND HOT CHOCOLATE	23
VEGETARIAN FOOD	24
ENTERTAINMENT	28
CULTURE AND MUSIC	29
THEATRE AND LIVE PERFORMANCES	30
LIVE MUSIC AND NIGHTCLUBS	31
JAZZ	31
FLAMENCO	32
LEARN FLAMENCO	33
MOVIES IN GRANADA	33
LEARN SPANISH	34
ACTIVITIES FOR CHILDREN	35
PARKS	36

OTHER ACTIVITIES	39
ARABIC BATH HOUSES (HAMMAMS)	41
FOOTBALL (SOCCER) MATCHES	42
SPORTING ACTIVITIES	43
YOGA	46
ALTERNATIVE HEALTH SERVICES	46
HORSE RIDING	48
MOUNTAIN HIKING	49
NEARBY BEACHES	52
SHOPPING	54
RELIGIOUS FESTIVALS IN GRANADA	57
DAY TRIPS AND WEEKENDS AWAY	60
TRANSPORT WITHIN GRANADA AND TO/FROM GRANADA	63
SCHOOLING INFORMATION	67



FOOD – BARS, RESTAURANTS AND CAFES



FOOD – BARS, RESTAURANTS AND CAFES

Food in Granada is mostly local Spanish Andalucian fare with strong influences from the area's Moorish heritage. Mealtimes typically follow the work schedule with breakfast usually from 8 to 10 am, often eaten at a cafe on the way to work. Breakfast is usually a coffee (Café con leche, manchada or cortado) accompanied by the typical tostada con tomate (Half a toasted bread roll with crushed fresh tomato drizzled with olive oil). Many people actually go to work without having breakfast, so at about 10-11 another round of breakfast begins.

At about 2pm Granada stops for the daily comida (typically what we call lunch) followed by the famous siesta. It is not uncommon for workers to go home to eat however, in the areas of Realejo and Centro, you will typically see office workers drinking a caña or a glass of wine and enjoying the tapas that come with it. Alternatively people will often order raciones (medium sized share plates).

After around 4pm the restaurants are quiet and only bar type of establishments serve any kind of food (tapas mostly). Dinner is usually served starting around 8pm but this is mostly to cater for tourists as you typically see Granadinos arriving for dinner between 9pm and 10pm.

Have in mind that if you are trying to buy food outside of the hours mentioned above, it will either be

tapas-style or fast food; but, some places also stop serving tapas during certain hours, check before you buy your drink of choice. Granada is one of the last remaining places to serve delicious and free tapas with any drink order so enjoy the abundance.

TIP: *For those of you who don't drink alcohol, purchasing a soft drink will still earn you the pleasure of a free tapa in most establishments. Instead of ordering a typical soft drink, try a Mosto which is a type of grape juice with a flavor very similar to wine (but sweeter and no alcohol). Alternatively, try a "Sin" which is a beer without alcohol (sin is without in Spanish).*

REALEJO (JEWISH QUARTER)

For centuries this was the city's Jewish quarter. It was called Garnata al Yahud (Granada of the Jews) since the 8th century, when the Moors first arrived in Andalucía. When the Jews were expelled following the Christian conquest, the quarter was destroyed and renamed. These days it is a lively and cool neighbourhood full of bars and restaurants. After 9pm the streets come alive with families and groups of friends enjoying Granada by night.

Taberna de Jam. This was one of our favourite and regular tapas places in the Realejo. They have great quality tapas and if ham is your thing, they have a wide selection of jamón cut to order and served with a great selection of quality wine and beer. Plaza de los Campos, 1 Realejo www.tripadvisor.com.au/Restaurant_Review-g187441-d1937684-Reviews-Taberna_de_Jam-Granada_Province_of_Granada_Andalucia.html



OTHER ACTIVITIES

There is so much to do in and around Granada with regard to outdoor activities, hiking, sport, religious and cultural festivals, museums and more, that we have chosen just a selection of the highlights. We could have filled an entire book on this alone.

ARABIC BATH HOUSES (HAMMAMS)

The Moorish influence in Southern Spain brought with it a strong bathing tradition and as such there are two bathhouses in Granada that offer something close to the original bathing experience: Baños Hamman Al-Andalus and Aljibe de San Miguel. There are hot, medium and cold baths with beautiful low lighting and Arabic features as well as trickling water fountains. There is a steam room and an area where you can have a massage or a traditional exfoliation scrub. The bookings are for a 2 hours session but you are usually done within 1.5 hours. I highly recommend this relaxing and restorative experience especially after a day of walking around Granada.

We recommend booking in advance and if you book in the month prior to your appointment at Baños Hamman Al-Andalus, you receive a 20% discount.

Baños Hamman Al-Andalus

Calle Santa Ana, 16
Tel. +34 958 229 978

<http://granada.hammamandalus.com/>

Aljibe de San Miguel

San Miguel Alta, 41
+34 608 882 116

www.aljibesanmiguel.es/